

*Some people seem to think that good dancers are born, but all the good dancers I have known are taught or trained. ~ Fred Astaire*

**Course Description:** A course designed for students interested in learning the basic techniques of musical theatre style dance. Students will explore movement and performance by studying several famous Broadway musicals such as Footloose, Dreamgirls, Chicago, and Hairspray. Class content will include warmup exercises, traveling combinations and choreographed routines. No prior experience is required, although students demonstrating advanced skills will be challenged accordingly.

**Course Objectives:**

1. Recognize the elements of dance and understand how they are visible in all dance experiences
2. Build a basic dance vocabulary
3. Demonstrate proper dance technique by performing a variety of stylized steps
4. Showcase entertainment quality while performing in front of an audience
5. Develop an awareness of the dancing body as a function of expression and entertainment
6. Increase self-esteem while being engaged in a positive and non-competitive dance form

**Dance Room Policies:**

- No food, drink or gum in the dance room
- No jewelry allowed while dancing. All jewelry must be removed before class
- Street shoes must be removed before entering the dance studio.
- All students must fob-in before class begins and place her fob in the fob holder.
- No book-bags in the hallway. All book-bags should be taken to the locker room.

**Dress**

**Code:**

- **Jazz shoes must be worn to every class**
- T-shirts, tank tops, shorts, leggings, dance/yoga pants, traditional dance attire are suggested
- No baggy sweatshirts, sweatpants or jeans
- Hair must be pulled up and out of the face
- No jewelry, hats or scarves
- Dress code is enforced on Liturgy/Dress Uniform days and dress-out days

**Dressing Out:** Students have **three minutes** to dress-out in the locker room before class/Open Lab starts. Please arrive at class/Open Lab dressed and ready to dance – this means in proper attire, tap shoes on, hair pulled-up and all jewelry off. Bathroom visits should be taken care of before class starts.

All personal items should be kept in your locker. *A lock will be issued to you along with a locker for your use in the locker room. Security for your belongings is your responsibility. IWA is not responsible for lost or stolen items.*

**Formative Assessment (FA):** \*Attendance/Participation Points = Attendance in class is crucial. A dancer can only develop her skills and her body through repetition and training. Focused attention and engaged participation during each class meeting will help advance technical progression. Regular attendance and participation are essential and factor in as a large part of the grade for this class. A maximum of 10 Participation Points (**FA**) will be earned each class period if a student...

- Arrives on time and is prepared for class (this includes remembering your fob, your tap shoes and handling all bathroom needs before class)
- Dresses appropriately
- Follows directions & class rules and respects herself, the teacher and fellow students
- Participates to the best level of her ability

\*Each student is allowed one NLP (No Late Points) per quarter for a Formative Assessment. A student may choose to use her NLP to regain Participation Points due to absence. In this case, although no points will be deducted, it is highly recommended that she still make every effort to attend an Open Lab to learn/practice what she missed.

*Physical Education Department Severe Injury/Illness Policy:*

- Injured students are expected to attend class and observe. A written observation of each class must be turned in at the end of that class period for participation points. Make-up work may be required to earn all participation points missed.

- Any student that cannot participate due to minor injury/illness may be excused by a parent/guardian for a max of 2 classes.
- A student suffering from a more severe injury/illness must obtain a doctor's note and may be excused from Physical Education / Dance for up to one cycle (5 class meetings). An alternate assignment may be required.
- If a student, per doctor's note, would need to miss additional classes (up to 2 classes), these may be made up to regain points in open lab.
- A doctor's note that excuses a student for more than 7 class meetings would be reason for that student to drop physical education / dance for that semester.
- Any student who is not participating in physical education / dance due to a doctor's note will not be eligible to participate in IWA athletics for the duration of the time prescribed in said note.
- Further information regarding making up missed classes is in syllabus.

\*Additional **Formative Assessments** may be in the form of: written assignments, group activities, worksheets, quizzes, etc. Each LAP may also include movement skills checks (**FA**). Students will be asked to perform individually or in small groups in front of the rest of the class.

**Summative Assessments (SA):** \*Performance Tests = LAPs will include choreographed routines compiled of movement and performance skills within that unit. Each student will perform this routine in front of a class audience (during a regular class meeting time) to showcase her skills and be assessed on her mastery . Performances may be recorded and posted for review and learning purposes. Specific performance attire will be required for each Performance Routine.

***\*Special performances may be required for all-school events and used as assessments.***

### **Open Labs:**

Open Labs in the dance studio are reserved for students enrolled in a dance class. OL time is for completing make-up work, practicing skills and routines, asking questions, obtaining personal instruction and executing cardio/toning/stretching exercises. Proper dress code, including dance shoes, is required. All other belongings belong in the locker room. All Open Lab students must fob-in and sign-in upon entering the studio. OLs are open to the first 20 students that fob-in. Students enrolled in a dance class that semester will be given priority for each OL.

**REDO process:** Please refer to the IWA REDO Policy for general expectations. Listed below are some reminders and more detailed guidelines as they pertain to the REDO Process for this specific class.

- A "REDO" is available and/or mandatory for Summative Assessments only.
- Per IWA policy, any student completing the REDO process must attend a Wednesday

morning session.

- The actual REDO Performance Test cannot be completed during the mandatory Wednesday morning session. Mrs. Grupe is in mandatory faculty meetings on Wednesday mornings and is therefore not available to assess the student at this time. Students must schedule and complete the REDO Performance Test in an Open Lab.
- It is the student's responsibility to initiate the REDO process.
- The REDO process must begin with a conversation with the teacher. She and the student will evaluate the student's performance, create a plan for improved performance and set dates for completion.
- A student's individualized REDO plan will ALWAYS include Open Lab time for additional movement instruction/practice.
- A student's individualized REDO plan may also include, but is not limited to:
  - Video review and written analysis
  - Documented home practice
  - Vocabulary assignments
  - Rhythm/tempo assignments

**BYOD policy:** During dance class, each student should lock her device in her locker in the PE locker room. In the case that the student would need her device for a class activity, the teacher will notify students in advance. Please refer to IWA BYOD Policy for additional guidelines about student devices.

\*This syllabus may change at the discretion of the teacher. It is the student's responsibility to remain aware of any changes.