

INTERMEDIATE TAP
LAP 1

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Classes in this LAP will begin with a review of the steps typically taught in the Beginning Tap class. Exercises will focus on properly executing basic steps and rhythmic patterns performed at moderate tempos. Students must demonstrate mastery of these steps, rhythms and tempos in order to identify the best plan and rate of progression into the next LAP.

Essential Question: If practice makes perfect, what makes perfect practice?

LAP Objectives:

- ✓ Recognize and name beginning level tap movements (see attached vocabulary sheet)
- ✓ Correctly execute tap movements
- ✓ Showcase rhythmic awareness and tempo control
- ✓ Develop performance quality and showmanship

Open Lab:

Students should use Open Lab time to ask questions, obtain one-on-one instruction and practice movement learned in class. Open Lab time should also be used to make-up any missed classes.

ASSESSMENTS:

***Formative –**

- 1) Class participation, 10 points max each class meeting
- 2) Vocabulary Quiz – in class during the second cycle

***Summative –**

* **LAP 1 Performance Test – in class on _____**

INT. TAP LAP 1 VOCABULARY (BEGINNING TAP REVIEW):

1. A Capella - Without music
2. Ball - The pad beneath the toes on the bottom of the foot
3. Ball change - A transfer of weight to the ball of the free foot then back to the supporting foot
4. Brush - To strike the ball of the foot in an outward direction away from the body [1 sound]
5. Chug - To slide forward on the ball of the foot then drop the heel down
6. Cramproll – (standard) 4 sounds: R step, Lstep, R heel, L heel
7. Dig - To strike the ball of the foot on the ground, close to the supporting foot, getting it ready for use
8. Down Beat - The strong first beat in a measure of music
9. En croix - “in the shape of a cross”, pattern of executing one step to the front, side, back, side
10. Flap - Brush forward and step down, transferring weight [2 sounds]
11. Heel Drop - To raise the heel and drop it on the floor, leaving the ball of the foot on the floor
12. Toe Drop (ball drop) - To raise the ball and drop it on the floor, leaving the heel of the foot on the floor
13. Hop - Plié, spring into the air and land on the same foot
14. Jump - Plié, spring into the air and land on the opposite foot
15. Plié - (French) “to bend”, bending of the knees
16. Rhythm - Pattern of sounds and silences
17. Shuffle - To brush the foot striking the ball outward and then spank it back [2 sounds]
18. Spank - Backward version of the brush; the action is toward the body [1 sound]
19. Tempo - The speed at which the step is performed
20. Toe (tip/dot) – Lift the entire foot and then strike the tip of the toe back down on the floor
21. Toe Click- Sound made by lifting the toes on both feet off the floor and clicking them together
22. Heel Click- Sound made by lifting the heels on both feet off the floor and clicking them together
23. Buffalo – step + shuffle + jump/leap onto the shuffle foot + lift the original stepping foot [4 sounds]
24. Irish – A movement consisting of: shuffle + hop + step [4 sounds]
25. Maxi Ford – step + shuffle + jump/leap onto the shuffle foot +toe tip behind with the first foot [5 sounds]
26. Shim Sham – Pattern of: R shf step + L shf step + R shf ball change + R shf step. Shuffle can be replaced by a stomp or a heel.
27. Step – Transfer the weight to the ball of the foot [1 sound]
28. Stamp – Transfer the weight to the whole foot [1 sound]
29. Stomp – Strike the floor with the whole foot w/o transferring weight [1 sound]
30. Back Essence - R Brush back and step, L ball change [4 sounds]

31. Eleanor Powell (Broadway, Hollywood) – flap, heel, heel, spank, heel, toe tip, heel'
32. Pullback (Graboff) – spank step with both feet
 - a. Single – both feet at the same time
 - b. Double – feet are separated/ syncopated
33. Drawback – spank, heel drop with the supporting foot, step
34. “Doubles” – flap (brush +step) instead of a step
 - a. Double Buffalo – flap, shuffle, jump, lift foot in front
 - b. Double Maxi Ford – flap, shuffle, jump, toe tip in back
 - c. Double break – flap, ball change
35. “Triples” – shuffle (brush + spank) + step
 - a. Triple Drawback = “CINCINNATI” = spank, heel, shuffle (to the side), heel, step

TIME STEPS:

*A step originally used to set the tempo or time of the routine.

*There are many varieties of Time Steps, many typically starting on the count of 8.

- Standard Time Step – starts with a Shuffle (shuffle, hop, XXX, flap, stp)
- Buck Time Step –starts with a Stomp (stomp, hop, XXX, flap, stp)
 - 1) Single – 1 sound after the hop = Step
 - 2) Double – 2 sounds after the hop = Flap
 - 3) Triple – 3 sounds after the hop = Shuffle, Step (This shuffle is to the side)
- Military Time Step (single) – R shf hp stp mrch mrch/ rpt L/ R shf hp stp, L shf hp stp, R shf hp stp mrch mrch {knees should be lifted on all marches}
- Essence Time Step/ Soft Shoe Time Step (single) – R stp, brush ball change/ L stp, brush, ball change/ R stp, brush ball change, spank ball change, brush ball change
- Traveling Time Step (single) – R shf stp, L shf ball change ball change, hop, L stp, R shf stp {travels from side to side}