

Essential Question:
What do I hear?

In LAP 2, students will continue to build their tap skills and vocabulary. Instruction will focus on moves that combine simple steps to create more complex rhythmic patterns and phrases. Names, definitions, and history of these steps will be taught. Exercises and combinations that challenge the mind and the body will further develop each dancer’s rhythm, coordination and skill. Dancers will continue to be challenged with various tempos and musical accompaniment to help develop their rhythmic awareness.

LAP Objectives:

- ✓ Continue to develop rhythmic awareness and sense of tempo
- ✓ Translate tap vocabulary
- ✓ Participate in class exercises that develop skills and personal confidence
- ✓ Correctly perform basic tap steps while showcasing quality, style and confidence

ASSESSMENTS:

Formative:

- Class Participation – a maximum of 10 points each class meeting. (if absent, make-ups completed in OL)
- Skills Check - an unannounced assessment of the mastery of any given skill taught within this LAP

Summative: **Date:** _____

Performance Test – performed in class

- Remember to wear all-black or dark colored clothing
- Each student will be assessed on the following criteria of her performance:
 *Technique, *Rhythm & Tempo, *Memory, *Performance Expression

Homework:

1. Practice new steps/ exercises/ routine – use the class website to access practice videos
2. Attend OL for extra practice
3. Study movement vocabulary definitions

This LAP may be changed at the instructor’s discretion. Classroom announcements and Weebly updates will be made in the event of any changes. It is the student’s responsibility to remain aware of changes.

LAP 2 Vocabulary

1. **Back Essence** – Spank, step (leg crosses behind), ball change (legs open apart) [4 sounds]
2. **Buffalo** – Step + shuffle + jump onto the shuffle foot + lift the original stepping foot [4 sounds]
3. **“Double” break** – Flap + ball change [4 sounds]
4. **Eleanor Powell (Broadway, Hollywood)** – flap, heel, heel, spank, heel, toe tip, heel [8 sounds]
5. **Flap** – Brush forward + step down, transferring weight [2 sounds]

***Flap Progressions** – an exercise format using any combination of flaps paired with additional sounds to add complexity. Rhythms and weight shift may change depending upon the combination of steps. As the name implies, progressions start with the basic “flap” and progress to more complicated patterns.

6. **Maxie Ford** – Step + shuffle + jump onto the shuffle foot + toe tip behind with the first foot [5 sounds]
7. **Soft Shoe Time Step (Essence Time Step)** – Stp, ball change (F), stp, bc (B), stp, bc(F), bc (B), bc (F)
8. **Military Time Step (single)** – shf, hp, stp, mrch, mrch/ rpt other foot/ shf, hp, stp/ shf, hp, stp/ shf, hp, stp, mrch,
mrch (knees are lifted on all marches)

Key LAP 1 Terms for review:

- **Ball change** - A transfer of weight to the ball of the free foot, then back to the supporting foot
- **Brush** - Swing the foot and strike the ball outward/ away from the body
- **Hop** - Plié, spring into the air and land on the same foot
- **Jump** - Plié, spring into the air and land on the opposite foot
- **Spank** - “Backwards brush.” Swing the foot and strike the ball inward/ toward the body
- **Step** - Transfer the weight to the ball of the foot