

# TIME Assignment



Student Name:

Due : Tuesday, January 15 - J day

Select 3 of the Action words in the Elements of Dance graphic organizer to use in a dance phrase you will choreograph. You will also pick a 4<sup>th</sup> choice, which can be any dance step or movement of your own choice. For example, you might choose “twist, float, jump” from the graphic organizer and decide to use a triplet turn as your 4<sup>th</sup> choice. You can use any style of dance for this assignment.

- Use both axial and locomotor movements in your dance phrase.
- Be inventive, but use only these 4 movements in the dance phrase.
- The phrase should be at least 15 seconds long with a clear beginning and ending
- The phrase can be performed in silence.

**Then, change the timing of your dance phrase to create at least two new variations.**

Use the Elements of Dance graphic organizer to see some of the ways time can be changed. For example, you could:

- Go slower or faster for the entire phrase.
- Vary the duration of just 1 or 2 movements – make them last longer or move more quickly than your original choreography.
- Add accents or syncopations.
- Use freestyle timing rather than dancing to music with a regular beat.
- Change the music - use a waltz rather than a 4/4, for example.
- Coordinate the movements with your breath rhythm.
- OR any idea of your own.

Describe how you changed the timing in each variation

Variation #1:

Variation #2:

Between your original phrase and the two variations, which one is the most intriguing to you? WHY?	

Each student will show her work in class. Peers will observe, take notes and participate in class discussion.